

TIED UP IN NOTES

WEEK 5 | LIFE GROUP DISCUSSION QUESTIONS

CONNECT

- Have you ever participated in a high risk activity (i.e. skydiving, bungee jumping, mountain climbing, rafting, etc...)? If so, share the story.

CONSIDER

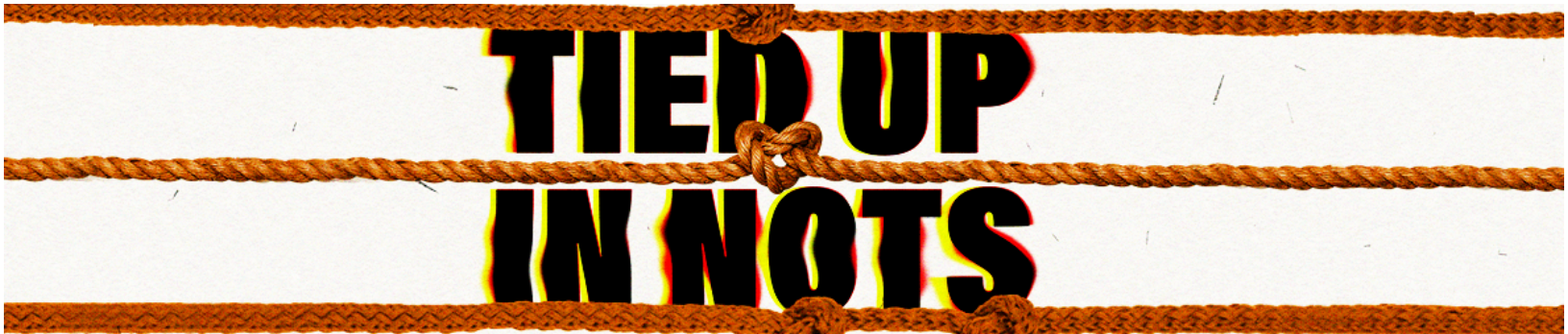
- What encouraged or challenged you from the sermon and/or daily devotions this week?

CHRIST

- Do you tend to take risks or avoid them? How has that tendency influenced the direction of your life?
- Have you ever known someone who missed out on opportunities because of fear? If so, what did you learn from observing that person?

Read Mark 4:35-41 as a group.

- In the midst of this storm, the disciples were overwhelmed by fear. They even questioned whether or not Jesus cared. **Have you ever been overwhelmed by fear? Have you ever felt the same as the disciples and wondered if God cared?**
- Jesus gets up and rebukes the storm. The disciples were both amazed and terrified (fear of God) by the authority of Jesus. **Have you ever experienced God's presence in the midst of a trial, problem, or scary situation? If so, what was it like?**
- One of the biggest remedies for fear is remembering the sovereignty of God. This means focusing on the truth that God is the ultimate source of all power, authority, and everything that exists. Jesus (who is God), was in the same boat as the disciples, but they forgot. No wonder He questioned their faith. **Read Isaiah 40:10-31 as a group. Write down all the things it says about God's power, authority, and greatness. What truths from this passage resonate with you or give you comfort the most?**



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- Later on while traveling with Jesus, the disciples would have another encounter while in a boat. They had gone on ahead without Jesus, and were struggling rowing against a head wind. Jesus meets up with them by walking on water. The disciples are afraid and think it's a ghost, but once they realize it's Jesus, Peter boldly asks if he could walk out to Him. What a difference from the previous encounter in the storm (Matthew 14:22-33). **Talk about a time when you or someone you know pushed past fear and took a bold step to follow Jesus. How did that event affect your faith?**
- **What do you fear right now? What is one practical thing you can do this week to remind yourself not to be afraid because Jesus is with you? What can our group do to support you?**

CALLING

- What do you fear? Be specific, and then remind yourself to fear not, not because there's nothing to fear, but because Jesus is here. He is the ultimate source of authority and all things (Matthew 28:18, Colossian 1:17). Ponder and pray over these truths.
- **Daily Devotions:** Spend 15 minutes each day with Northside devotions. Text JOINGOD to 81411 or use the Study tab in Northside's App for Daily Devotions.
- **Memorize:** *"Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom."* - **Isaiah 40:28**
- **Further Study:** *Hope In Times Of Fear* by Timothy Keller