

QUEST 52

CHAPTER 39 | GROUP DISCUSSION QUESTIONS

WATCH:

- Watch this week's Group video on Chapter 39 at www.quest52.com/videos.

INTRO QUESTIONS:

- What encouraged or challenged you from the sermon and/or the daily exercises this week?
- Tell us about the last time you let worry get the best of you.
- Do you know anyone who seems to live worry free? Have you ever asked them what their secret is?

KEY PASSAGES:

- **1 Peter 5:7** - What is one way you've found to effectively "cast your cares/anxiety on God"?
- **Matthew 6:34** - On a scale of 1 to 10, how would you say you're doing at living with this mindset?
- **Psalms 37:3-5** - What solutions does this passage offer to our worry?

GROUP DISCUSSION:

- Of the three categories in this week's chapter (Resources, Reputation, Relationships), which one is most frequently the source of your worry?
- What is something in your life you would say is worth worrying about?
- On page 253, it said: "If you are going to worry about anything, worry about your marriage and the people of your church." What did you think of this quote?
- If you're willing to share, have you ever dealt with a clinical level of anxiety? How did you manage it?

WEEKLY APPLICATION:

- On page 254, we were challenged to both memorize and apply Philippians 4:6. Who did it, and how was your week different because of it?
- Depending on when your group meets, you might not have reached the Hands section yet for the daily exercises of Chapter 39. If that is the case, reflect back on the following question from last week's Weekly Application. On page 248, we were challenged to write a one-sentence statement of who we say Jesus is. Is anyone willing to share what they wrote?