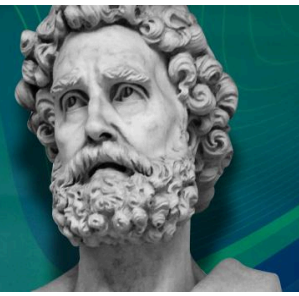




EPHESIANS

SIT, WALK, STAND



EPHESIANS | GROUP DISCUSSION QUESTIONS (Week #3)

GET STARTED

- In this series, we have been talking about the book and idea of “Sit, Walk, Stand; The process of Christian Maturity”. Walking means you have accepted Jesus completely and are now walking that out. **How would you describe your Christian maturity? Do you have lots of growth left to do?**
- As we talked about this weekend, unity is being one in Christ, loving each other's differences, and NOT being uniform. Look around your group. **What are some of your favorite differences you see in each other? How do you embrace those differences? How can you apply that to people you do not know?**

TAKE IT IN

- **What encouraged and/or challenged you from the message this week? Why?**
- **If you are reading *Sit, Walk, Stand* by Watchman Nee, what has resonated or stood out to you from the book so far? Why?**

TALK IT OVER

Read Ephesians 4:1-6

- The opening word here is “therefore”. We discussed this weekend how “therefore” means “cause & effect”, and that because this happened NOW this other thing will happen. Below are some examples of this concept.
 - It's Oct. 31st, therefore kids will be dressed up in costumes for Halloween.
 - It's Sunday, therefore we go to church.
 - It's Monday, therefore I am going to have a bad day because Mondays are the worst.
 - I'm flying and the fasten seat belt sign just came on, therefore I have to go to the bathroom.

Thinking about this concept, what is a “therefore” that is happening in your life now?

- In verses 2-3, Paul lists three qualities: humility, gentleness, and patience. **How can we cultivate these traits in our daily interactions? Which one do you find most challenging? Which one is easiest for you on a daily basis?**

- The oneness of the body of Christ is emphasized in these verses with one = unity. **What does it mean to you that there is "one body and one Spirit"? Do you struggle with this concept? If yes, why? How can we have better unity with those around us? How can this understanding impact how we view fellow believers?**

Read Ephesians 4:11-16

- Verse 15 highlights the importance of speaking truth in love. **What does this mean in practice? How can we balance truth and love in our conversations with others?**
- Each of us has a role to play in the body of Christ. **What unique contributions do you believe you can make to Northside or the community around us? How can you encourage others to do the same?**
- This weekend we discussed the importance of unity and diversity working together. **How do you see unity and diversity working together in the body of Christ as described in these verses? Why is it important to celebrate both?**

Read 1 Corinthians 4:4-8

- Verse 5 discusses not judging others. However, sometimes there are relationships or people that are not healthy for us to keep in our lives. **How do we navigate the tension between discernment and judgment in our relationships with others?**
- **How can we pray for one another to grow in humility, contentment, and a clearer understanding of our gifts? What specific areas do you feel need prayer in your own life or community?**

LIVE IT OUT

This week, try to view people who are different from you as God would see them. This helps us to have unity in our church community. This will be easy for some of us, and might be a challenge for others. Pray that God would soften your heart to anyone who you might be struggling to view through God's eyes.

Memorize:

"Therefore I, a prisoner for serving the Lord, beg you to lead a life worthy of your calling, for you have been called by God. 2 Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love. 3 Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace." **Ephesians 4:1-3**